Personal and Group Class Trainers

We are delighted that you choose to bring your work to this open space.

Personal trainers (PTs) can have a dramatic and positive impact on the space they use. They can help create a sense of community, make park users feel safe through their presence, and play an important role in helping to keep these spaces tidy and welcoming.

Did you know:

To use this space as a PT or to hold group classes you are required to obtain a permit?

This is to benefit you as a PT, your clients, the public, the environment, and the green space managers.

This ensures the following:

- PTs are suitably trained with adequate provision to mitigate risk, and deal with accidents, injuries or unexpected medical emergencies
- PTs are suitably insured
- Protection of the green space, rectifying damage and/or wear and tear from training activities
- Minimising the impact on general users of the space

Trainers operating without a permit are liable for a fixed penalty notice up to £80 or prosecution under the bylaws.

To complete an application please contact Enable at ParksPT@enablelc.org

For more information visit
bit.ly/enablepersonaltrainers

Wandsworth

In partnership with

enable.
For happy, healthier communities.
Not for profit.

The purpose is:

- To provide better and safer opportunities for your clients to benefit from, and enjoy and engage in fitness training in an outdoor environment
- To ensure preservation of access to all areas of public green spaces and its equipment for all visitors
- To protect the park or common and the vital biodiversity within it
- To avoid conflict between licensed PTs in the park or common and other users of the spaces

Please remember:

- PTs do not have any exclusive rights over any area of the parks and commons, and shall ensure that right of way is given to members of the general public
- We encourage the use of small handheld equipment (e.g. resistive bands, weights, kettle bells, mats) but attaching anything to any infrastructure, (e.g. benches, lampposts, trees, shrubs, is NOT PERMITTED as it could cause harm, both to the object itself and/or the client. Trim Trails are an exception to this and you may attach equipment to these items
- PTs will leave the space used in a clean and tidy condition, removing ALL of their own or their clients' debris or litter, and will report any issues immediately*.
- As a PT you must ensure that you do not contribute to any area overuse, causing wear and tear, and seek alternative locations when you find your allocated space, for example - waterlogged, obviously worn or muddy*

You are NOT permitted to use:

- Areas within the park or common outside of those agreed in the PT area maps.
- Areas of regular pedestrian activity, such as monuments and bandstands, and you must not use areas in a way that impedes free public movement and use of the space
- Areas clearly marked as sport pitches, any formal garden areas and other park or common sensitive locations, such as: waterside areas, picnic areas, deck chair areas, long grass, meadow land, conservation areas, etc
- Areas closed for renovation or upgrading
- ANY park or common structures. This includes trees and their branches (including dead wood), seats, benches, lampposts, or any other installed green space equipment (except Trim Trails)
- Amplified music or audio equipment, whistles, loud shouting, or other intrusive noise-generating activities, audible beyond your immediate training area
- Aggressive, intimidating or unreasonably noisy training activities that could interfere with the comfort of other visitors
- Anything that could cause harm to passing users, such as objects used for throwing, e.g. hard balls
- Aggressive, intimidating or rude behaviour towards members of the public

*Please report any issues to parks@enablelc.org or call Parks Police on 07500 95 94 42
You can further help us look after this park or common by reporting any wider issues to us, including grounds maintenance and inappropriate behaviour from other users.

Thank you for choosing to work in our open spaces and following these rules to protect you, the public, your clients, and the open spaces.